



Joint Action on prevention of NCDs – cardiovascular diseases and diabetes

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Disclaimer

This presentation provides a general overview of the proposed actions on prevention of NCDs – cardiovascular diseases and diabetes*.

Therefore, the presentation does not engage neither the Member States involved in the preparation of this proposal nor the European Commission services and the Health and Digital Executive Agency (HaDEA).

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Main objectives of the JA:

1. Reduce the burden of NCDs and related risk factors, specifically cardiovascular diseases (CVDs) and diabetes, both at personal and societal level
2. Improve health literacy and data availability and quality on CVDs and diabetes
3. Improve screening for high risk of CVDs and diabetes, care pathways and self-management

Main areas of interventions

Raising awareness and health literacy for CVDs and diabetes

- Analysis and mapping of available best practices/interventions to local needs and situation of pilot sites/countries
- Develop communication materials and strategies for community members and practitioners to significantly increase health and equity outcomes for people with CVDs and diabetes
- Support MS to test, develop pilot studies and evaluate diverse health literacy-informed implementation strategies

Data on diabetes and CVDs / registries

- Review the current data sources on diabetes and CVDs, and based on the review, design and implement pilot projects
- Improve the use of the collected data and the quality of data
- Support implementation and sharing of good practises in MSs

Screening for (high risk of) diabetes and CVDs

- Mapping existing screening procedures (also in non-clinical settings) on diabetes and CVDs and methods across Member States
- Develop updated standardized screening strategies and protocols for different population and settings
- Prepare training materials on screening protocols and to organize training workshops to train the national trainers (capacity building)

Patient care pathways (personalised)

- Mapping of best practices, interventions or evidence for improving patient care and service pathways
- Implement pilot projects per implementation site accordingly
- Evaluate the effectiveness of the pilot projects in clinical and economic terms in order to make recommendations for their further use

Patients' self-management and support tools

- Identify (good practices that have been implemented) effective and cost-effective interventions and support tools for patients (and family/caregivers) and care professionals to strengthen self-management to cover those needs and gaps
- Co-create and implement pilot interventions to support and improve patients' (self-) management of diabetes or CVDs
- Improve capacity building of MS, patients, family caregivers, and care professionals in implementing and using support/self-management interventions/tools

Labour participation of people living with diabetes and CVDs

- Identify challenges in equal opportunities in the labour market
- Identify approaches on ways to tackle professional discrimination against employees diagnosed with diabetes and/or CVDs
- Review and develop plans in labour settings

Thank you for your attention
